

Pre-treatment Recommendations–IPL

At the time of the initial visit, the physician should determine the suitability of pulsed light treatment, inform patients about the treatment, and take photographs of the treatment area.

Determining Suitability

In determining suitability, physicians should consider the following factors:

- Patient's age
- Location to be treated
- Patient's skin type. Skin types V-VI should not be treated with IPL
- Family history of the patient
- Current medications
- Reason patient is seeking treatment
- Patient's expectations

Patient Information

After determining suitability, the physician should inform the patient of the following:

- The expected outcome of the treatment vs. other possible outcomes
- The probable number of treatments needed to achieve the desired outcome
- Possible side effects resulting from pulsed light treatment

Photographs

It is helpful to have photographs of the treatment area before and during treatment to assess the success and progression of treatment.