

Pre-treatment Recommendations—Laser

At the time of the initial visit, the physician should determine the suitability of the laser treatment, inform patients about the treatment, and take photographs of the target site.

Determine Suitability

In determining suitability, physicians should consider the following factors for each individual case:

- Patient's age
- Patient's skin type
- Family history of the patient
- Current medications
- Reason patient is seeking treatment
- Patient's expectations
- Recent sun exposure if the Alex laser will be used

Inform Patient About the Treatment

After determining suitability, the physician should inform the patient of the following:

- The expected outcome of the treatment versus other possible outcomes
- The probable number of treatments needed to achieve the desired outcome
- Possible side effects resulting from laser treatment
- The gradual disappearance of hair

Photographs

It is helpful to have photographs of the pretreatment area to assess precisely the success and progression of the treatment.